

Alateen groups in Massachusetts – Area 25

This page is updated as changes occur to the Alateen groups - last updated Sept. 13, 2017

Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Young people come together to:

- Share experience, strength and hope with each other
- Discuss their difficulties
- Learn effective ways to cope with their problems
- Encourage one another
- Help each other understand the principles of the Al-Anon/Alateen program
- Learn how to use Al-Anon's Twelve Steps and Alateen's Twelve Traditions

Alateen members learn:

- Compulsive drinking is a disease
- They can detach themselves emotionally from the drinker's problems while continuing to love the person
- They are not the cause of anyone else's drinking or behavior
- They cannot change or control anyone but themselves
- They have spiritual and intellectual resources with which to develop their own potentials, no matter what happens at home
- They can build satisfying and rewarding life experiences for themselves

Alateen members are helped when they:

- Attend meetings on a regular basis
- Make telephone contact with other Alateen members
- Read Al-Anon/Alateen literature
- Have another Alateen member as a sponsor
- Apply the Twelve Steps of recovery to their lives
- Become involved in Al-Anon service work

Alateen meetings are held in church halls, school rooms or other suitable places (many times in the same building as an Al-Anon group, but in a separate room). Every meeting has at least two active, adult members of Al-Anon who serve as sponsors for the group, guiding and sharing knowledge of the [Twelve Steps](#) and [Twelve Traditions](#). Every sponsor goes through a certification process by AFG of Mass. to become an "Al-Anon Member Involved in Alateen Service" (AMIAS).

We invite you to become familiar with Alateen by purchasing some of the books and booklets that have been written by Alateen members. For more information call the Literature Distribution Center at 508-366-4663 or download the order form [[For more information](#)]

All Alateen meetings are closed. Closed meetings are only for teenagers whose personal lives are or have been deeply affected by close contact with a problem drinker.

| Town | ZIP | Group Name | Alateen meetings in Massachusetts Location | Address | Day | Time | Al - Anon | Dist |
|-------------|-------|--|---|--|-----|---------|-----------|------|
| HYANNIS | 02601 | Hyannis Monday Night Alateen | FEDERATED CHURCH OF HYANNIS | 320 MAIN ST | Mon | 7:30PM | * | 2 |
| HINGHAM | 02043 | Hingham Sunday Alateen | ABBAY CONFERENCE CENTER | 20 HULL ST | Sun | 7:00PM | | 7 |
| MILTON | 02186 | Winners forever Alateen | MILTON HOSPITAL | 199 REEDSDALE RD (Rt 28/Mbta bus #240 or #245) | Sun | 7:00PM | * | 7 |
| NEWTON | 02460 | One Day at a Time Tuesday Alateen | NEWTON NORTH HIGH SCHOOL | 457 WALNUT ST – room 103 – turn right after entering main door, left at 1 st corridor | Tue | 6:00PM | | 11 |
| BEVERLY | 01915 | Beverly Alateen | 2 ND CONGREGATIONAL CHURCH | 35 CONANT ST. – door by parking lot | Sat | 10:45AM | * | 13 |
| PEABODY | 01960 | Hall of Hope Alateen | KNIGHTS OF COLUMBUS HALL | 96 MAIN ST. – upstairs, 2 nd floor- room on left, meets every Wednesday | Wed | 7:30PM | * | 13 |
| LYNNFIELD | 01940 | Lynnfield Mon nite Alateen | CENTER CONGREGATIONAL CHURCH | 5 SUMMER ST. – enter at back parking lot, 1 st floor, inside door to right | Mon | 7:30PM | * | 14 |
| HAVERHILL | 01830 | High Powered Alateen | WHITTIER REHABILITATION HOSPITAL | 145 WARD HILL AVE – in library (ask receptionist) | Tue | 6:45PM | * | 15 |
| TEWKSBURY | 10876 | Tewksbury Alateen | TEWKSBURY HIGH SCHOOL | 320 PLEASANT ST | Tue | 7:00PM | | 15 |
| FRAMINGHAM | 01702 | Sunshine kids Alateen | ST. ANDREW'S EPISCOPAL CHURCH | 3 MAPLE ST. – front left door, go downstairs | Mon | 7:00PM | * | 17 |
| WESTBOROUGH | 01581 | Wednesday Night Courage to be me Alateen | ST. LUKE'S PARISH CENTER | 1 RUGGLES ST – front door upstairs | Wed | 7:30PM | * | 18 |
| WORCESTER | 01606 | Saturday morning Alateen | GREENDALE PEOPLE'S CHURCH | 25 FRANCIS ST | Sat | 10:15AM | * | 20 |

ALATEEN MEETINGS IN SCHOOLS During the academic year, there are Alateen meetings in some schools in these communities: Eastham, Gloucester, Holden, Hyannis, Middleboro, Millbury, Salem and Sandwich. For current information, please call 508-366-0556.

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