

Alateen groups in Massachusetts – Area 25

This page is updated as changes occur to the Alateen groups - last update Dec 16, 2016

Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Young people come together to:

- Share experience, strength and hope with each other
- Discuss their difficulties
- Learn effective ways to cope with their problems
- Encourage one another
- Help each other understand the principles of the Al-Anon/Alateen program
- Learn how to use Al-Anon's Twelve Steps and Alateen's Twelve Traditions

Alateen members learn:

- Compulsive drinking is a disease
- They can detach themselves emotionally from the drinker's problems while continuing to love the person
- They are not the cause of anyone else's drinking or behavior
- They cannot change or control anyone but themselves
- They have spiritual and intellectual resources with which to develop their own potentials, no matter what happens at home
- They can build satisfying and rewarding life experiences for themselves

Alateen members are helped when they:

- Attend meetings on a regular basis
- Make telephone contact with other Alateen members
- Read Al-Anon/Alateen literature
- Have another Alateen member as a sponsor
- Apply the Twelve Steps of recovery to their lives
- Become involved in Al-Anon service work

Alateen meetings are held in church halls, school rooms or other suitable places (many times in the same building as an Al-Anon group, but in a separate room). Every meeting has at least two active, adult members of Al-Anon who serve as sponsors for the group, guiding and sharing knowledge of the [Twelve Steps](#) and [Twelve Traditions](#). Every sponsor goes through a certification process by AFG of Mass. to become an "Al-Anon Member Involved in Alateen Service" (AMIAS).

We invite you to become familiar with Alateen by purchasing some of the books and booklets that have been written by Alateen members. For more information call the Literature Distribution Center at 508-366-4663 or download the order form [[For more information](#)]

All Alateen meetings are closed. Closed meetings are only for teenagers whose personal lives are or have been deeply affected by close contact with a problem drinker.

Town	ZIP	Group Name	Alateen meetings in Massachusetts Location	Address	Day	Time	Al - A non	Dist
HYANNIS	02601	Hyannis Monday Night Alateen	FEDERATED CHURCH OF HYANNIS	320 MAIN ST	Mon	7:30PM	*	2
MILTON	02186	Winners forever Alateen	MILTON HOSPITAL	199 REEDSDALE RD (Rt 28/Mbta bus #240 or #245)	Sun	7:00PM	*	7
NEWTON	02460	One Day at a Time Tuesday Alateen	NEWTON NORTH HIGH SCHOOL	457 WALNUT ST – room 103 – turn right after entering main door, left at 1 st corridor	Tue	6:00PM		11
BEVERLY	01915	Beverly Alateen	2 ND CONGREGATIONAL CHURCH	35 CONANT ST. – door by parking lot	Sat	10:00AM	*	13
PEABODY	01960	Hall of Hope Alateen	KNIGHTS OF COLUMBUS HALL	96 MAIN ST. – upstairs, 2 nd floor- room on left, meets every Wednesday	Wed	7:30PM	*	13
LYNNFIELD	01940	Lynnfield Mon nite Alateen	CENTER CONGREGATIONAL CHURCH	5 SUMMER ST. – enter at back parking lot, 1 st floor, inside door to right	Mon	7:30PM	*	14
HAVERHILL	01830	High Powered Alateen	WHITTIER REHABILITATION HOSPITAL	145 WARD HILL AVE – in library (ask receptionist)	Tue	6:45PM	*	15
FRAMINGHAM	01702	Sunshine kids Alateen	ST. ANDREW'S EPISCOPAL CHURCH	3 MAPLE ST. – front left door, go downstairs	Mon	7:00PM	*	17
WESTBOROUGH	01581	Wednesday Night Courage to be me Alateen	ST. LUKE'S PARISH CENTER	1 RUGGLES ST – front door upstairs	Wed	7:30PM	*	18
WORCESTER	01606	Saturday morning Alateen	GREENDALE PEOPLE'S CHURCH	25 FRANCIS ST	Sat	10:15AM	*	20

ALATEEN MEETINGS IN SCHOOLS During the academic year, there are Alateen meetings in some schools in these communities: Eastham, Gloucester, Holden, Hyannis, Millbury, Salem and Sandwich. For current information, please call 508-366-0556.

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